

WHAT T.A.S.K. PROFESSIONAL TRAINING WILL DO FOR YOU.

- Learn Authentic Kinesiology from Highly Experienced Trainers
- Help You Take the Guesswork out And Find the Root of Problems
- Stimulate Your Mind, and Enhance Your Thinking Processes
 - Your Own Health Will Improve
- Establish a Profitable Business with Little or No Capital
- Give You Personal Satisfaction from Helping More People
- Help Your Personal and Business Relationships Dramatically
 - Inspire You to Have More Confidence in Your Abilities
 - Help Children Do Much Better At School
 - Help Parents With Hyperactive or ADD/ADHD Children
 - Help Yourself & Others Enjoy an Improved Lifestyle
 - Enjoy Learning in a Stress Free Environment

Kinesiology takes the guesswork out of Health Care!!

Why Study With T.A.S.K.?

Those who seek personal development know it is one of the most exciting pursuits anyone can engage in. The Tutors are constantly gratified by the way students of the Academy grow, develop and progress so much during the period of the course.

One reason for this is that the course is not only about Kinesiology, it is also about personal integrity, values, character development, and it offers very powerful and practical ways to change the way we communicate and interact with others every day in order to create more harmonious and productive personal and business relationships.

First In the field, the syllabus was Developed by the Pioneer of Kinesiology In Britain. You get the benefit of the most experienced trainers in Kinesiology.

The material of the course is drawn from the body of thoroughly researched information called, "Applied Kinesiology" although we do not use the term "Applied Kinesiology". Holistic authentic material is taught to be used in a systematic manner therefore we refer to the term Systematic Kinesiology (S.K.).

PLEASE NOTE: T.A.S.K. Does Not Teach "Asking The Body Questions", Or "Give Me A Yes Or No" Types Of Kinesiology.

Specially Written Notes Included In The Price Of The Course

Valuable reference material for right and left brain learning and to refer to when qualified.

Hands-On Work

This is a practical, as well as a theoretical course. You learn best and most easily by doing.

Most courses include quantities of material you have to study and may never use.
What you learn you will use.

You will enjoy the mix of information, demonstration, and practical hands-on learning.

Proven Practice Building, And Practice Management Approaches.

You may start to build a secure business with tried and tested procedures taught on the course, practice for a fee from the beginning of the course.
Kinesiology is safe and effective you can be insured and earn an immediate expense income from the beginning. This also helps you build a practice while you are training.

Kinesiology Practised Holistically Out-Performs Other Modalities.

The "client driven" truly holistic approach, with muscle testing analysis of the mental, chemical, physical, and energetic realms makes each treatment totally individual. Kinesiology allows you to be specific to each person's symptoms and needs to solve problems faster. You will succeed where other modalities fail and your practice will build from recommendations.

Please look at our testimonial page.

Backed and Supported By The Pre-eminent Professional Association

Our students are required to become associate members of The Association of Systematic Kinesiology, and to be insured to practice on clients from day one. Part of the course requirement is for students to see on average two clients a week over the course period. In this way, the course expenses may be mostly met. The course includes business advice, lectures on marketing and building a really successful holistic health care practice.

Membership of the Association of Systematic Kinesiology ensures your protection, support, and when you are qualified provides your name on a list to the public for referrals.

Professional Practitioner Training Course

Our Principals father, Brian H. Butler was the first to introduce Kinesiology to Britain. We have pioneered structured Professional courses since 1976. With over twenty-five year's experience of training, backed by one of the leading Kinesiological physicians in the world, Dr Sheldon C Deal. N.M.D., the Academy has put together the finest part-time course in pure Advanced Kinesiology. It is based on a selection of over two hundred of the most powerful, clinically researched, reproducible techniques, discovered over the last twenty years. These are clearly explained in manuals written specially for the course. The course equips you to deal with most common ailments and conditions that are not disease. Students often say they learn more off practical value in a few weeks, than they did in their whole college career or university degree, and that ours is the best organised course they have ever attended.

CONSTANT STUDENT SUPPORT & PRACTISE BUILDING

Counsel is always available from highly qualified Tutors. We encourage our students to call, e-mail or text with any queries, problems or for help with clients, as they crop up.

Many talk of holism, and our entire course is built on a truly holistic approach. We show how to put together the mental, physical, biochemical and energetic corrections into each client session and support your individual needs. This powerful approach ensures you get spectacular results for your clients in even two to six visits.

A successful practice is the end result Upon passing the exam, Graduates qualify to be included as a professional member of the Association's Practitioner List to receive referrals. Thousands of these lists are sent out each year, so members of the public can find their nearest trained Kinesiologist. By graduation, most students who follow the advice given already are building a successful practice.

DIPLOMA TRAINING COURSE

Further in depth training on more advanced material ensures you are able to extend your knowledge to full Diploma Level if you wish. The Diploma Course gives you yet more powerful techniques and ways of looking at the body to enable you to resolve an even wider/deeper range of problems and conditions faster. Details of how you can achieve this status may be received on request after graduation.

Professional Certification Training Structure

1: Pre-requisite: Balanced Health Foundation Course Levels 1 to 4

Completion of the T.A.S.K. Balanced Health Foundation Course Levels 1 to 4, including completed homework handed in within six months from level 4.

2: Anatomy & Physiology Requirement

Students need to qualify in Anatomy & Physiology (A & P) to I.T.E.C. or other equivalent level of training. This must be completed before the end of the course or before the Certificate is issued. We advise students to take this either before or after the course, we do not recommend you take it during the practitioners course.

3: Professional Work with Clients & Case Histories

Students are required to;

1/ To be insured with student insurance before the course begins, available from Balens Ltd.

Website: www.balens.co.uk Telephone: 01684 580 776

2/ Become Associate members of A.S.K. before the course begins.

3/ To see an average of two clients per week who are charged an expense fee during the course.

4/ Students are required during the course to complete 60 case study treatments. 30 need to be written up and submitted for the clients seen professionally and students then send in 4 per month for assessment.

Please note: All case studies must be completed and assessed within 3 months of the final exam. Failure to do this will involve the students certificate being delayed and having to attend another Practitioner course module at their own cost before TASK will issue the student a Practitioner Certificate.

4: Clinic Practice

Each student is required to do at least one clinic practice fee paid session. Students bring their own client to the Academy for professional supervision with a T.A.S.K. approved practitioner for assessment. The client pays the assessor, the current fee is £75 (to be paid by your client to the assessor) and the session is 1½ hours. If the session is not satisfactory then a second clinic practice will be set.

5: Course Structure

ORIENTATION

This first weekend will help make the Foundation course completely fall into place. You are given goal balancing tools, new muscles for specific problem areas, Repetitive Strain Injury, Weak Ankles/Knees and more for shoulders and arms, so provides more tools for the job.

INTENSIVE WEEKS WORKSHOP (6 DAY WORKSHOP)

Kinesiology techniques and communications training - emphasis on communications. Self-esteem, personal development, counselling skills and presentation skills. Practice of the 'wheel balance' daily. Powerful additional techniques for injury's/sports problems/emotional issues. Also Marketing advice to help build a successful practice.

“Cementing” of all you have done so far. With two balancing sessions daily – you get good at what you know! Great week, great information, safe environment and great fun!

Note: For weekday classes you will need to arrange for time off work for the Intensive weeks workshop AND clinic practice sessions.

MODULES 1 & 2

Module 1

Food Sensitivities and Allergies – most reliable method of assessment.

With this module under your belt you will be confident in finding food sensitivities and giving dietary advice to help get people back to vibrant health.

Module 2

The Ileo-Caecal Valve Syndrome- which can solve chronic T.A.T.T. & I.B.S. Symptoms

The Ileo-Caecal valve and the Houston valve have a huge part in lowering general health when malfunctioning. The many different symptoms are staggering. You will learn how to detect and fix the answer to many people's health problems.

MODULES 3 & 4 Theme: Immune and Endocrine

Module 3

The Immune System – Long term health by defeating free radicals.

When you know how to address, build and boost the Immune System (everyone's have different requirements) people's feelings of “being run down”, “tired all the time”, “feeling below par”, etc will ebb away. Resistance to illness will be strengthened

Module 4

The Endocrine System – key to health and solving chronic ill-health.

This module covers the basis of most illness. The Endocrine system is “the core” of one's health and how the body is able to run itself. You will learn how to assess and restore this vital system which gets people well.

MODULES 5 & 6 Theme: Emotional and Electrical

Module 5

Resolve Fears, Anxieties and Traumas. Build Self –Esteem, goals for self & client.

This emotional module will equip you to help others (and yourself) resolve traumas both past and present. Emotions are often ignored or buried which can be just as congesting as eating “junk food”. Learn how to ‘release’ negative traumas/emotions/habits, ‘re-programme’ the brain positively and then to ‘set’ your work tapping into the unconscious mind to hold the changes in place.

Module 6

Electro-Magnetics, Aura, Chakras – the body's “electrics”.

This module is a real energy wow! Learn how important and real our energies are – how they are affected and ways to bring them back into a harmonious state of balance. Learn how to keep grounded and centred.

MODULES 7 & 8 Theme: Structural

Module 7

Temporo-Mandibular Joint – And Structure.

The Temporo-Mandibular Joint (T.M.J.) is responsible for many imbalances around the body. We look into and learn how this can affect people detrimentally. This structural technique will enable you to change the way people feel instantly.

Module 8

Necks and Shoulders – the “Diamond” Approach.

Learn how to detect and correct short or long term neck and back problems with this amazing approach to “where it is it isn’t”. Many other simple yet powerful structural techniques.

MODULES 9 & 10 Theme: Consolidation, Practice and Mock Exam

Module 9

Low Back – the “H” Approach –Pelvis.

A very high percentage of people suffer and live with lower back pain for no apparent reason. Learn how to deal with this problem from a M.C.P.E. view point, and rid people of their pain. Review, Practice workshop.

Module 10

Clinic Practice demo, Review and Mock Exam

Putting the tools together. Tutors clinic practice demonstration and mock exam for your revision.

MODULES 11 & 12 Theme:

Updated information module, consolidation of the material and a boost of confidence before you begin to practice professionally what you know.

EXAM MORNING

Exam for Professional Registered Certification – Saturday

Two and a half hours written paper. 10 a.m. – 12.30 p.m.

Professional Training Course Funding And Fees

FUNDING THE COURSE

This is probably the most thorough course available in Systematic Kinesiology, with the unique approach of balancing holistically the four human realms simultaneously, Mental, Chemical, Structural, Energy/ Environmental, "In the Mode".

It is stressed that those taking the Practitioner Training Course are entering into a professional arena where the hourly earning rate when qualified and seeing clients averages between £40 - £100. To become a successful practitioner, you will need to build your confidence step by step, the two case studies per week and the clinic practice session help to build this up.

All graduates are required by The Association of Systematic Kinesiology to continue with their education to ensure they continue to develop their knowledge in line with other care professionals. Four days per year are required and T.A.S.K. offer different Continued Professional Training Courses each year. You may also look independently and send in proof of attendance to A.S.K..

FEES

The fees include all course manuals. Suggested reading will be offered for sale.

The Practitioner Training Course costs £3,450.

There are three ways of paying listed below.

A) In full: £600 deposit with application and then £2850 one week before first w/e.

B) Standing Order: £600 deposit with application + 6 months at £485 (inc. £60 admin fee)

Total=£3510

C) Standing Order: £600 deposit with application + 12 months at £247.50 (inc. £120 admin fee)

Total=£3570

D) Standing Order: £500 deposit with application + 18 months at £175 (inc. £200 admin fee)

Total=£3650

PLEASE NOTE: The cost is £300 per missed module and will be the responsibility of the student, to re-schedule and pay the tutor. If a day is missed, and not made up in good time becoming qualified and receiving your certificate will be delayed. Please note if there is more than 1 student the cost may be less. This is down to the tutor(s) discretion.

Deposits are not refunded unless in exceptional circumstances we are forced to cancel.

Clinic Practice Sessions Under Supervision

An extremely important part of the Professional training is for students to have experience of seeing clients in clinic conditions under the supervision of a T.A.S.K. Tutor. This forms a vital and necessary part of the course structure of professional training.

The Academy requires graduates to bring at least one client to the clinic. The session needs to be up to a good standard of pass, if the treatment is not up to the required standard then the student will be called back for another session.

If a student is seeing another undergraduate, or Graduate of the Academy on a client basis, with proper case notes, then the student may bring that client to a clinic session. The only exception to this is where the two students are in a personal relationship or married, respecting normal ethical practice.

The clients students bring will have been informed of the current fee structure of the Clinic Sessions, and will be expected to pay for their treatment at the time of the visit to the Clinic. The fee is £75 for 2012, payable to the assessor/tutor for the session and the administrative expenses of the Clinic.

If the student cancels a Clinic Practice session for whatever reason with less than twenty four hours notice, the student will be responsible for paying the assessing tutors fee. The student will then be responsible to arrange another Clinic Practice session.

The appointments will be set up by the Principal. Clinic times on specific days will be set aside for this purpose, and these dates will be made available to the students well in advance. **Appointments will be set up on an hour and a half basis.** The Student will need to plan to arrive at the same time as the Client if they are travelling separately.

The first fifteen minutes will be an opportunity for the Student to talk to their client and look at or take case notes and discuss the current situation. The next hour will be available for treatment time although if you finish a little before that is acceptable, 45 mins is the minimum. The tutor will not interrupt the session although will give help if asked. The final fifteen minutes is available for the student to express how they felt about the session and for the tutor to give the student feedback and any suggestions.

Any suggestions made by Tutors will be presented as, "Have you considered....?" or "In my experience of similar cases, we found...". Tutors will not "take over" the situation, nor will they say or do anything which might appear to undermine the student's actions or advice, only to mention the possibility of an additional approach which might be helpful to the student/client. Any matters which need comment or to be discussed, will be dealt with privately.

These are clinical assessments. This whole procedure is designed to enhance the confidence of the student, and to encourage the confidence of the client in the student, and in Kinesiology. The session gives the student a valuable opportunity to be supported, gently corrected if needed and encouraged. Students who approach these sessions with a good positive attitude, enjoy them and gain greatly from them.

STUDENT CODE OF CONDUCT

We have over twenty five years experience in teaching Advanced Systematic Kinesiology and helping others to use these techniques. The Code of Practice and Ethics are provided to help students to get the best out of the Course, We want every student to derive the maximum benefits from the information both for their own development, and for those they will help with their health care.

The T.A.S.K. Professional Training sets forth the ways to practice over a hundred specific techniques to enable the graduates to be outstanding service to those in need. All techniques have been clinically tested by physicians, and are perfectly safe when carried out as demonstrated and practiced in class. However, it is stressed that the Foundation Course should be the basis of all treatments.

COURSE RESPONSIBILITIES

Course Attendance

Punctual attendance at all sessions is required for graduation. Failure to attend any of the course sessions, or absence from part of any sessions will need to be made up and arranged with a tutor. **The cost is £300 per missed module and will be the responsibility of the student, to re-schedule and pay the tutor. If a day is missed, and not made up in good time becoming qualified and receiving your certificate will be delayed. Please note if there is more than 1 student the cost may be less. This is down to the tutor(s) discretion.**

Clinic Practice

Attendance is mandatory at the required number of clinic practice sessions. To fulfil this valuable part of the course takes careful advanced planning. Although they are not an examination, they are assessed from a professional standpoint of organisation, and responsibility. Failure to do the required session/s will result in postponing certification.

Written assignments

Written case studies are a very important part of the overall work of the Professional Course. The work is expected to be handed in on time, this being four case studies per month.

Punctuality

The Tutors are responsible for starting the sessions on time. This policy will be adhered to even if everyone in the group is not present. Please plan to arrive early. When a drinks break or lunch break is announced, please be responsible to be back in your seat at the time requested. This is so we can cover all the material in the time allotted. It is irresponsible and lacking in courtesy to the tutor and the group to be late for class.

The Academy of Systematic Kinesiology

Positive Benefits of the Professional Training Course.

From day one, you will be able to help a wider variety of people who suffer from unpleasant symptoms and common ailments, and will learn many ways to enhance health and well-being for all ages. Get the most you can out of the course, by focusing on what you know, **not** what you do not know or have not learned yet. You get good at what you practice regularly, with two clients per week and class practise you will have plenty of hands on experience of treatments and successes build confidence.

The course will take you deeper through all the realms to find where the root of problems lie and there are many techniques for emotional, chemical, physical and energetical work. The course is structured in the same way as the Balanced Health classes - explanation, demonstration and workshop. Students find the course extremely helpful personally as you have the opportunity to work through your own issues and imbalances throughout.

The course gives you many tools that you will require to be a good well rounded practitioner, some you will use all the time, others less although they are still as necessary when you are faced with the problem they can help you fix.

Most of the techniques are easy to master and apply although the results are amazingly powerful therefore people generally feel the benefits quickly, this will help you build your practice, as people talk and the best advertising is through your clients.

Most people desperately need better health, happiness and balance, you will be equipped with really practical ways of how to achieve these goals, for your clients, for those you love and care for and people who invite you to help.

What Graduates say about the Course.

"Learning kinesiology with T.A.S.K. changed my life, not only for what it enabled me to do for the health and personal growth of others but also for myself. With T.A.S.K. I met a staff group who were dedicated to my learning and all matters to do with improving my well being. Some of the work was daunting but my fears and concerns were managed sensitively and my strengths encouraged. I would do it all again tomorrow.

Thanks"

Jan Reed – Practitioner 2007

"With the Academy Training, I am confronted with a whole new way of thinking which I know is going to revolutionise the way I work from tomorrow on."

S.S. Nutritionist

"The Balanced Health Foundation Course opened my eyes to the possibilities of Kinesiology both for myself and to treat others."

Anon

"It was wonderful and a real eye opener. Now I can help the World with these profound techniques."

U.P.

"Claire (MOFFAT) is positively inspirational and radiates the benefits of Kinesiology. The approach is systematic and logical and infused with enthusiasm. I have discovered the benefits of this wonderful modality for myself and already seen them in others. The course will greatly enhance self awareness & awareness of the world around you. Would highly recommend this to anyone. Thank you for opening the door....."

Kate O'Mally

"After attending your course, my friend (who is an Osteopath) and I used the Breast Congestion Technique and found it to be a great success."

K.Beg

"I really enjoyed BH 1-4 as an introduction to Kinesiology and as a springboard on to the Practitioners course that I'm currently undertaking. Lots of interesting techniques presented in an inspiring way, techniques that you can use straight away to help friends and colleagues out with the most common of ailments."

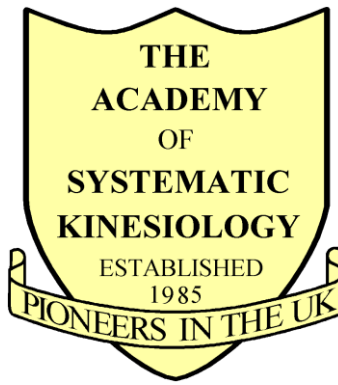
Henry Tang

"Inspiring, Positive, Transforming, Mind Blowing. The only thing that is missing in your life as it gives you power to change everything & anything for the better! The tools of life given to you simply."

Jayne Safari – Nov '06

"After a four year degree in psychology, two years Master in NLP, a two year marketing Diploma, the T.A.S.K. Professional Training is without doubt the most rewarding years of study I have ever undertaken. I really appreciate your continued vigilance, inspiration and support. As I now begin my Ph.D. programme, I am bringing some authentic Kinesiology into my thesis, and this is causing some raised, but appreciative eyebrows."

A.Rehlinger.



Professional Practitioner Training Class Dates For 2012/13

First to pioneer professional S.K. in the United Kingdom

The Practitioner Course provides an in-depth professional training in the powerful uses of Kinesiological muscle testing, and holistic balancing techniques.

It is hands on, drug free total health care!

MODULE/EVENT	2012/13 DATES
Orientation	Sat 8th & Sun 9th September 2012.
Intensive Week Workshop	Mon 15th to Sat 20th October 2012.
Modules 1 and 2	Sat 15th & Sun 16th December 2012.
Modules 3 and 4	Sat 19th & Sun 20th January 2013.
Modules 5 and 6	Sat 16th & Sun 17th February 2013.
Modules 7 and 8	Sat 9th & Sun 10th March 2013.
Modules 9 and 10	Sat 20th May & Sun 21st April 2013.
Modules 11 and 12	Sat 25th May & Sun 26th May 2013.
Exam Morning	Saturday 29th June 2013. Time: 10 am to 12.30 pm.
A.S.K. Day	June 2013, Venue to be confirmed.

Remember, Kinesiology takes the guesswork out of Health Care!!